



Patient Health Questionnaire

All questions in this questionnaire are about the person being treated at the Hospital. If you are filling this out for your child, only provide information relating to your child's health. Please complete all sections and both sides of the form, and post or fax **10 days prior** to surgery or as soon as possible to: Manuka Street Hospital, 36 Manuka Street, Nelson 7010. Fax to: (03) 548 2767 or email to: administration@manukastreet.org.nz

Personal Details in preparation for your admission

Surname: _____ First Name(s): _____

Date of birth: _____ Age: _____ Telephone: _____

Your weight: _____ kg. Your height: _____ cm. Your BMI (if known): _____

Admission Date: _____ Surgeon: _____

Operation: _____

Previous Anaesthetics

Have you had any anaesthetics before? Yes No

If yes, please list all operations in the space below:

Procedures / Operations	Year	Hospital

Have you or any of your family ever had a serious reaction or difficulties or problems with anaesthetics? (e.g. post-op nausea / vomiting, drug reactions etc.) Yes No

If yes, please specify:

Medication / Remedies / Supplements

Do you regularly take any medicines, drugs, tablets, inhalers, injections, herbal remedies, homeopathic, complementary medicines, vitamins or other supplements? Yes No

If yes, please list below: (use another page if necessary)

Medications / Remedies	Dose	Frequency

Please bring all the above, in their original containers with contents clearly identified to the hospital with you and a printout from your General Practitioner or Pharmacy (a hand written list is not acceptable).



Allergies and Sensitivities

Do you have any allergies and / or sensitivities to the following?

If yes, name the item and describe the reaction in the space below:

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Medications	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
Foods	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
Plasters / tape / skin preparations (e.g. iodine, chlorhexidine)	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
Latex	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
Other	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
Do you wear a Medic Alert bracelet?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, why?

Smoking Status and Alcohol Consumption

Do you currently smoke?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, how many per day?
Have you recently quit smoking?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, how long ago?
Do you smoke marijuana?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, how often?
Do you drink alcohol?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, average intake per week?

Have you ever had or do you currently have any of the following?

(Please tick Yes or No. Circle a word where appropriate; add comments in the space provided below).

Respiratory / Cardiac Conditions

Problems with neck or opening your mouth e.g. jaw problems, rheumatoid arthritis, ankylosing spondylitis	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Spinal problems e.g. spinal surgery, ruptured disc	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Obstructive Sleep Apnoea (OSA) / Severe snoring (intermittently stopping breathing during sleep)	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Lung conditions e.g. Asthma, Chronic Obstructive Pulmonary Disease (COPD) / emphysema, shortness of breath	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Chest pain, angina, heart attack, heart failure Irregular heartbeat or palpitations	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Cardiac Bypass, Aortic surgery, Valve surgery, Cardiac stent or Pacemaker	Yes <input type="checkbox"/>	No <input type="checkbox"/>
High blood pressure requiring medication.	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If yes, please provide your three most recent readings: 1. ___/___ Date: 2. ___/___ Date: 3. ___/___ Date:		
High Cholesterol requiring medication	Yes <input type="checkbox"/>	No <input type="checkbox"/>

Exercise Tolerance

I can perform all physical activity without getting short of breath	Yes <input type="checkbox"/>	No <input type="checkbox"/>
I get short of breath when performing more strenuous activities e.g. walking up a hill or flight of stairs	Yes <input type="checkbox"/>	No <input type="checkbox"/>
I get short of breath when performing day to day activities e.g. walking on the flat	Yes <input type="checkbox"/>	No <input type="checkbox"/>
I get short of breath walking 20 – 100 metres	Yes <input type="checkbox"/>	No <input type="checkbox"/>
I get short of breath at rest and am mostly housebound. I cannot carry out any physical activity without getting short of breath	Yes <input type="checkbox"/>	No <input type="checkbox"/>

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Have you ever had or do you currently have any of the following?

(Please tick Yes or No. Circle a word where appropriate; add comments in the space provided below).

Other Conditions

Diabetes controlled by Diet / Tablets / Insulin	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Thyroid / pituitary problems	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Blood disorders or clotting problems or family history of blood disorders e.g. Anaemia	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Blood clots (legs or lungs)	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Abnormal bruising or bleeding	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Stroke, Cerebrovascular Accident (CVA), Transient Ischaemic Attack (TIA)	Yes <input type="checkbox"/>	No <input type="checkbox"/>
History of Epilepsy or seizures	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Migraines or severe headaches.	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If yes, how often?		
Liver conditions – Hepatitis A, B or C, jaundice	Yes <input type="checkbox"/>	No <input type="checkbox"/>
HIV / AIDS / risk of exposure to HIV	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Kidney conditions	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Heartburn / Acid Reflux / Hiatus Hernia / Stomach or Peptic Ulcers / Indigestion	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Substance dependency e.g. Morphine or Oxycodone	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Depression / Anxiety / Psychiatric Illness	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Dementia / Alzheimer's / Confusion day or night time	Yes <input type="checkbox"/>	No <input type="checkbox"/>

General Health

Do you have dentures, plates or crowns etc.?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Could you be pregnant? (female patients only)	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Infection or treatment for the following multi drug resistant organisms: Methicillin-resistant Staphylococcus aureus (MRSA) / Extended-spectrum beta-lactamase (ESBL) / Vancomycin-resistant enterococci (VRE)	Yes <input type="checkbox"/>	No <input type="checkbox"/>
In the last 6 months have you ever been a patient or employee in a hospital(s)?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If yes, name of hospital(s)		
In the last 6 months have you ever been a patient or employee in a hospital(s) overseas?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If yes, name of hospital(s) and country		
Do you have a disability?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Do you require physical support or aides?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Do you have any special dietary requirements? If yes, please indicate:	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Vegetarian <input type="checkbox"/> Gluten Free <input type="checkbox"/> Dairy Free <input type="checkbox"/> Diabetic <input type="checkbox"/> Other <input type="checkbox"/>		

Continued over

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Support Services

Do you require the services of an interpreter? Yes No

If yes, which language(s):

Do you require the services of an advocate? Yes No

Do you have any special religious or spiritual needs / cultural or family / whānau needs? Yes No

If your procedure requires the removal of body parts, would you like them returned (if possible)? Yes No

If yes, please detail:

Is there anything else we need to know that you prefer not to state here? Yes No

If yes, please discuss with your Nurse / Medical Specialist when you arrive at the Hospital.

Name:

Date:

Signature:

If not the patient, state relationship to patient:

Comments: *(use another page if necessary)*

For Hospital use only

Ward Manager: Pre-admission: Yes No Initials: Date: Time:

Theatre Manager: Checked Initials: Date: Time:

Referred to Dr:

Administration: Entered on WebPAS Initials: Date: Time:

Diet request form completed: Yes No Initials: Date: Time:
